



BERKHAMSTED DENTAL PRACTICE
Caring for your family's teeth

Issue 11 December 2011

Word of mouth is the loveliest source of referrals. Thank you so much for your recommendations.



Fran

Congratulations to our erstwhile receptionist Fran, who both got married and retired this year! We wish her a long and happy retirement.

We are delighted to welcome Elisa to our team as both a receptionist and dental Nurse. As Elisa starts her Dental Nurse training we are delighted to report that Natalie completed hers this summer and is now registered with the General Dental Council.



Elisa

Over the years we have always looked to keep making improvements to our services, facilities and the treatments we offer. In 2011 work has been behind the scenes as we have extensively refurbished our instrument decontamination facilities to meet the most up to date "Best Practice" criteria.

In 2012 we plan to offer treatment using "Relative Analgesia". Sometimes described as the magic breeze, this is similar to the 'Gas & Air' some of you may be familiar with from childbirth. 'R.A' can help young & nervous patients cope with treatments they might otherwise not be tolerated.

We are always keen to hear what you think of us, the practice and our services. Please feel free to let any of our practice team know your views. Comment cards are available from our receptionists and can be treated anonymously if you wish. If there other services you would like to see- please let us know.

In response to previous feedback we are increasing our surgery opening hours until 8 pm on Wednesdays and increasing the number of Saturday morning surgeries in 2012.

With Christmas day falling on a Sunday this year, the practice will be closed from 5pm on Friday 23rd December until 9am on Wednesday 28th December. If you should experience a dental emergency over the holiday period please phone the practice on 01442 865646. Our answer phone will give details of how you can contact the Hertfordshire out of Hours Dental Service for advice.

Healthy teeth and gums are an essential part of feeling and looking good. Brushing twice a day with a fluoride tooth paste and using floss or interdental brushes daily helps keep things healthy. Avoiding frequent snacks or sugary drinks between meals reduces the risk of tooth decay and a daily Fluoride mouthwash such as Colgate 'Fluoriguard' gives further protection. Our dentists and hygienists can help devise a daily routine for you to keep things 'tip top'. We can advise you how frequently to attend for examinations and hygienist treatments and we can offer a range of dental and cosmetic treatments when required.

The practice stocks a range of recommended oral hygiene products.



Best Wishes for Christmas and the New Year from all
the team at

Berkhamsted Dental Practice,
20a, Lower Kings Road, Berkhamsted.
01442 865646 www.berkhamsteddental.com

