



BERKHAMSTED DENTAL PRACTICE

Caring for your family's teeth



Marathon Super-Woman

Claire completed this year's Flora London Marathon. April seems a long time ago now but Claire hasn't forgotten how hot it was on the day!

With your help she raised a fantastic £1,700 for 'Look' - a charity supporting visually impaired youngsters and their families. A huge thank you to you all.

She was so grateful for your kindness and encouragement before during and after and touched by your many cards of support.

As a practice we aim to support a good cause every year and we have some even more energetic plans for 2010, that really will push one of our team members to their limits!!

During the busy holiday season it is easy to get caught up in the hustle and bustle of shopping, parties and decorating and forget to reflect on the year's accomplishments.

We consider our patients one of our greatest blessings and we thank you for your patronage, friendship and loyalty. ★

*Can we really be celebrating Christmas so soon?
Hardly seems it's a year since the last.
Really, the weeks have just flown by again.
It's amazing that the years go so fast.
So, we've made it to Christmas 2009.
Ten years down here in Lower Kings Road
Many more years we are intending to stay.
As the patients keep coming in, day after day.
So all that remains is for us all to say:
Merry Christmas*

Poem by Fran Allen.

Congratulations to Alison who has now completed her dental nurse training, and to dental nurse Amanda and receptionist Victoria who have both got engaged this year!

The biggest compliment you can pay us is to refer your friends and family. We are always delighted when we receive referrals from our patients. This means a great deal to us as it shows you are happy with your dental care and are pleased to pass on this news to your family and friends. This is how our practice has grown and will continue to do so with your help. Remember, smile. It's infectious.....

We take every smile seriously. If you have any comments to make regarding our service, please don't hesitate to let us know.

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We are always looking to improve our service to all our patients. In these difficult economic times we appreciate that it can be difficult to take time off work for dental appointments. To help make life a little easier we are pleased to be able to offer early morning, lunchtime, late evening and Saturday morning appointments. Please speak to our receptionists Fran and Victoria who will be happy to help you arrange an appointment at a time that suits you best.

Do you want to know more about dental treatments and what they involve? Have you thought about tooth whitening or wondered what a crown or veneer involves? If so please don't hesitate to ask any of the practice team for more information. We have a number of in-house advice sheets covering common dental problems and treatments. Advice leaflets produced by the British Dental Health Foundation are also available at reception. Our website www.berkhamsteddental.com has a number of pages of dental advice and we will be adding to these pages throughout 2010. Your dentist can discuss treatments in more detail and provide you with a tailor made treatment plan – please don't hesitate to ask!

Best Wishes for Christmas and the New Year from all of us at



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